

A woman with long, dark hair styled in two braids is the central figure. She is looking directly at the camera with a neutral expression. The background is a dark, textured purple with glowing blue and yellow elements. There are several glowing blue, stylized shapes that resemble caterpillars or abstract forms. The text 'CATERPILLAR' is written in a bold, white, jagged font with a blue outline, positioned at the bottom of the image. The overall aesthetic is digital and futuristic.

CATERPILLAR

EDITOR'S LETTER

No. 1



This is the first issue of Caterpillar zine, so I feel like it's a really special one. I interviewed my mom for one of the contents and using a picture of her marriage to show that I came from the love of these beautiful parents. Moreover, mom spoke about her attitude towards fashion, lifestyle and youth culture. Furthermore, I chatted with myself about how I'm learning to love myself more and accept my weak points better, as well as dealing with issues such as anxiety and feeling self-conscious. Lets take this time to reflecting yourself together with me.

As the concept for this issue is self-love, I want to showcasing these self portrait styling shoots to people globally to see that everyone is beautiful in their own way and you should not compare yourself with other people. No one is born perfect and it takes time for all of us to treat ourself more with kindness. Thus, one day we will be ready to spread our wings and fly toward our destiny. xoxo.

Lots of love,
Krittaya Vutisivachatkul

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IF I CAN DO IT, YOU CAN DO IT TOO!





Rin is an 18 years old Thai artist and stylist based in London. Rin likes to use her emotional experiences to create artwork. She really enjoys conveying what she's feeling through her painting, styling and editing. For Rin, she thinks that on social media she may seems cool and bold. However, in real life she always feel insecure about her appearance. Nevertheless, Rin will tell us more about her story and how she's trying to build self-esteem.

Firstly I was a very quiet and shy girl since I was living in a society and environment that didn't help building my confidence. What's more is that because I was so quiet, I always be the one who got bully. Back then I felt really appreciate and thankful to those friends who spoke up for me and protected me. They were so brave and I wish one day I could be the one who speak up for the right. In my opinion, there shouldn't be any type of gangster or bullying in schools because it can be haunted.

Although when we get older, people tend to stop teasing each other. However, if you are quiet, people will assume that you are intimidate or unfriendlt and they will not come and talk to you. In addition to that, it's even harder for me who always get kicked in by the anxiety when meet new people. I want to be strong enough to make the eye contact with others and be the one who start the conversation. Thus, I feel like it's not fair to judge people by their first impression.

Maybe because I'm an overthinking person, so I am afraid if I look or do something dissimilar to them, they will treat me differently. However, in fact everyone can makes mistakes, when will you know if the things you never done are good or bad if you don't try it. Therefore, keep practicing, take in a deep breath and just believe that you can do it without imagining about what the result going to be. This could turn out way a lot better than you thought. Fake it till you make it.
xx







INTERVIEW WITH MOM

Q: What do you usually wear when you were my age?

A: During my teenage, I normally wore T-shirts, shirts and trousers. One of my friend helped me on dressing when we went to P Bird Thongchai (Thai famous singer) concert. I wore dress when I started working (after graduated).

Q: How would you describe your fashion style?

A: My dressing style during university lifetime looked like tomboy. Many girls would like to walk with me. My hairstyle is always short bob hair since I was a kid.

Q: What are the things you pay attention to when buying new clothes?

A: When I want to buy any fashion items, I always consider the quality, sustainability, functional and supported small business. In my opinion, mom is very down to earth because she won't purchase expensive high-end brands items if not necessary. Thus, she likes to support small creative local shops.